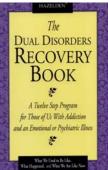
# **DRA** Bookstore

### The Dual Disorders Recovery Book

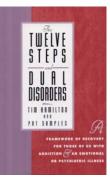


The Dual Disorders Recovery Book is a compelling combination of personal experience and professional insight - with real-life stories from recovering men and women plus contributions from authorities such as Cardwell C. Nuckols, Ph.D., A. Scott Winter, M.D. and Abraham J. Twerski, M.D. It's a vital source for gaining experience, strength, and a new sense of hope in recovery.

**B1** 0.7 lbs \$10.00 each Paperback, 250 pp, 5 3/8" X 8 3/8" ISBN: 0894868497

### The Twelve Steps and Dual Disorders

A framework of recovery for those of us with addiction and an emotional or psychiatric illness. With compassion and encouragement, this book helps us to begin and strengthen our recovery from our addictions and emotional or psychiatric illnesses. A gentle, spiritual and supportive approach to bolster our recovery, The Twelve Steps and Dual Disorders provides an adaptation and discussion of each of the Twelve Steps of Dual Recovery Anonymous.



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# The Twelve Steps and Dual Disorders (workbook)



This book is a companion workbook meant to be used in conjunction with book B2, "The Twelve Steps and Dual Disorders"

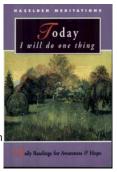
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Today I will do one thing, is a ground breaking meditation book for people in addiction recovery and who also have an emotional or psychiatric illness. This unique meditation format integrates addiction recovery with the recovery from an emotional or psychiatric illness, develops self-awareness, and nurtures self-acceptance with small, practical steps.

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